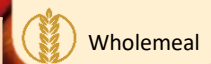
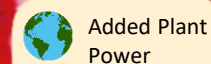


Summer/Autumn Menu 2022



Monday

Tuesday

Wednesday

Thursday

Friday

Week One

06/06
27/06
18/07
08/08
29/08
12/09
03/10
24/10

Main Course	Cheesy Vegetable Pasta Bake	Beef Burger in a Bun with Potato Wedges	Roast Chicken with Roast New Potatoes and Gravy	BBQ Chicken with Rice	MSC Salmon Fingers with Chips and Tomato Sauce
Vegetables	Peas Broccoli	Mixed Peppers Sweetcorn	Carrots Cabbage	Green Beans Cauliflower	Baked Beans Garden Peas
Dessert	Lemon & Berry Cake	Ice Cream with Fruit Salad	Chocolate Shortbread with Strawberry Yoghurt	Sticky Toffee Apple Crumble & Custard	Jelly with Mandarins
Tea	Roast Turkey Wraps with Crudités Fresh Fruit	Pitta Pockets with Grated Cheese Fresh Fruit	Toasted Muffins with Cheese with Crudités Fresh Fruit	Vegetable Nuggets with Bread & Butter Vanilla Yoghurt	Plain Bagels with Soft Cheese Fresh Fruit

Week Two

13/06
04/07
25/07
15/08
29/08
19/09
10/10

Main Course	Macaroni Cheese	Pasta Bake (made with Beef)	Roast Chicken with Roast Potatoes, Stuffing and Gravy	Arrabiata Chicken Pasta	MSC Fish in Batter with Chips and Tomato Sauce
Vegetables	Sweetcorn Broccoli	Carrots Cauliflower	Fresh Mixed Vegetables	Sweetcorn Broccoli	Baked Beans Garden Peas
Dessert	Apple Crumble with Cream	Chocolate & Mandarin Cake with Chocolate Sauce	Jelly with Mandarins	Iced Sponge Cake	Ice Cream with Peaches
Tea	Chicken Sausages with Spaghetti Rings Fresh Fruit	Tuna Mayonnaise Sandwiches With Crudités Fresh Fruit	Spaghetti Hoops + Pitta Bread Vanilla Yoghurt	Jacket Potato with Baked Beans Fresh Fruit	Cheese & Crackers With cucumber & Tomato Vanilla Yoghurt

Week Three

20/06
11/07
01/08
22/08
05/09
26/09
17/10

Main Course	Cheese & Tomato Pizza	Beef Lasagne with Garlic Bread	Roast Chicken with Roast Potatoes and Gravy	Chicken Sausages with New Potatoes and Gravy	MSC Fish Fingers with Chips and Tomato Sauce
Vegetables	Broccoli Sweetcorn	Cauliflower Green Beans	Carrots Cabbage	Sweetcorn Peas	Baked Beans Garden Peas
Dessert	Lemon Drizzle Cake	Fresh Fruit Salad with Cream	Vanilla Shortbread with Strawberry Yoghurt	Jelly with Peaches	Chocolate & Apple Cake with Chocolate Sauce
Tea	Scrambled Eggs on Toast Fresh Fruit	Crumpets with Cheese Pepper Batons Fresh Fruit	Spaghetti Hoops + Pitta Bread Fresh Fruit	Wafer Thin Turkey Wraps With Crudités Vanilla Yoghurt	Vegetable Nuggets with Bread & Butter Fresh Fruit

ALLERGY INFORMATION:
If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.