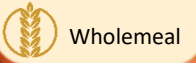
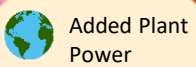


Spring Menu 2022



Monday

Tuesday

Wednesday

Thursday

Friday

Week One
03/01/22
24/01/22
14/02/22
07/03/22

Main Course	Cheese & Broccoli Bake	Chicken & Herb Sausages with New Potatoes and Gravy	Roast Chicken Fillet with Roast Potatoes and Gravy	Beef Lasagne with Garlic Bread	MSC Fish in Batter with Chips and Tomato Sauce
Vegetables	Peas Baked Red Peppers	Sweetcorn Carrots	Carrots Cabbage	Green Beans Cauliflower	Baked Beans Peas
Dessert	Pear & Strawberry Crumble with Custard	Rice Pudding with Berry Puree	Fruit & Yoghurt	Ice Cream with Mandarins	Chocolate Cake with Chocolate Sauce
Tea	Vegetable Nuggets with Bread & Butter Fresh Fruit	Toasted Muffins with Cheese with Crudités Yoghurt	Tomato & Cheese Pasta Bake Fresh Fruit	Baked Beans on Toast Fresh Fruit	Turkey Wraps/ Sandwiches with Crudités Fresh Fruit

Week Two
10/01/22
31/01/22
21/02/22
14/03/22

Main Course	Cheese & Tomato Pizza with Potato Wedges	Beef Bolognese with Pasta	Roast Turkey Fillet with Roast Potatoes and Gravy	BBQ Chicken with 50/50 Rice	MSC Fish Fingers with Chips and Tomato Sauce
Vegetables	Sweetcorn Broccoli	Peas Carrots	Fresh Mixed Vegetables	Sweetcorn Cauliflower	Baked Beans Peas
Dessert	Mixed Fruit Crumble with Custard	Fruit & Yoghurt	Peaches & Cream	Apple Cake with Custard	Chocolate Mandarin Brownie
Tea	Cheese & Crackers / Bread & Butter With cucumber & Tomato Fruit Yoghurt	Turkey Sandwiches With Crudités Fresh Fruit	Chicken Sausages with Spaghetti Rings Fresh Fruit	Jacket Potato with Baked Beans Fresh Fruit	Plain Bagels with Soft Cheese Fresh Fruit

Week Three
17/01/22
07/02/22
28/02/22
21/03/22

Main Course	Macaroni Cheese	Beef Burger in a Bun With Wedges	Roast Chicken with Stuffing, Roast Potatoes and Gravy	Tomato and Lentil Pasta	MSC Salmon Fish Fingers With Chips and Tomato Sauce
Vegetables	Broccoli Sweetcorn	Baked Beans Green Beans	Carrots Cauliflower	Roasted Vegetables Sweetcorn	Baked Beans Peas
Dessert	Lemon Drizzle Cake	Pear & Chocolate Crumble with Custard	Fruit & Yoghurt	Peach Upside Down Cake with Custard	Raspberry Jelly with Ice Cream
Tea	Scrambled Eggs on Toast Fresh Fruit	Crumpets with Cheese Pepper Batons Fresh Fruit	Tuna Mayonnaise & Sweetcorn Sandwich With Crudités Fresh Fruit	Baked Beans + Pitta Bread Fruit Yoghurt	Wafer Thin Turkey & Mayonnaise Wraps/ Sandwiches With Crudités Fresh Fruit

ALLERGY INFORMATION:
If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.