

Filling and emptying

Filling and emptying is a great activity that helps to develop many areas of children's development, such as physical development and communication. You can use all types of tubs and cups and use a range of resources such as water, lentils or beans.

Salt Dough Ornaments

Salt dough ornaments are easy to make and made from just a few ingredients from the cupboard. They make a lovely keep sake memory or gift!

Follow the link below for recipe and step by step instructions.

<https://www.yummytoddlerfood.com/activities/the-best-salt-dough-ornaments/>

Painting using kitchen utensils

Simply use a selection of kitchen utensils, such as potato masher, fish slice or wooden spoon to mark make using paint onto paper.

Mark making is great at enabling children to develop their hand eye co-ordination and fine motor skills as well as being great fun!

World Nursery Rhyme Week

This week is World Nursery Rhyme Week.

Research shows that Singing to children strengthens the bond between parent and child.

By altering the child's mood, singing may help with mealtimes and sleeping, which in turn positively affect the child's growth and development. Below are some examples of ladybirds favourite rhymes.

- ◆ Twinkle Twinkle little star
- ◆ The wheels on the bus
- ◆ Old Mac Donald had a farm

Ladybirds Class

Click on the links below for even more fantastic activity ideas!

<https://hungrylittleminds.campaign.gov.uk/>

<https://www.bbc.co.uk/tiny-happy-people>

Sensory tray

Using a variety of resources a sensory tray can easily be created

Some examples of resources that you could use are: Cereals, rice or pasta. Simply place any of the above resources in to a tray or bowl and explore.

This Activity helps children explore their senses such as, sound, smell and touch. You can also expand this activity by adding objects of choice for example, farm animals or dinosaurs. You can discuss names, sounds and colours of what they can see.

Sensory bags

Sensory bags are a great way to expose little ones to different textures, colours and sounds whilst also helping them develop their cognitive development. They are easy to make and can provide hours of mess-free fun.

All you need to do is fill a Ziplock bag with a range of materials for example, rice, shaving foam, gel or pasta- seal the bag and explore.